X Variety of Runs



Superfine snow maintained to perfection, we prepare a variety of mostly groomed slopes that will satisfy the needs of everyone.

Groomed runs

■Hayabusa Run

Be the first to ski the pristine morning snow on this popular run.

The "First Tracks" program is held on this run (once or twice a month).



Shirakaba Run

Everyday, even on busy Sundays, this course is groomed up until the last minute. Perfect for beginners or families.



■ Kakko Run, Kitsutsuki Run (Exclusively for skiers)

Sheltered from the wind, the conditions are always good on these runs.



Heaps of other great courses.

Un-groomed runs

Mt. Nishimori -Yamagara Run/Inuwashi Run

The very best snow at APPI is said to be in the middle of it, on this ungroomed course. Powder lovers, both skiers and snowboaders, start queuing well before the lifts start to run.





Second Sailer Run A

After a big dump of snow, it's possible to go 2 km along this long ungroomed run. But when the snow isn't falling, get some excitement from the various large or small natural moguls.



The little known Second Slopes Third Run is also a powder course.

SALOMON SNOWPARK

Enjoy your day more by jumping and sliding all over the equipment on this course. The snowparks have been redeveloped with two new areas, the "Beginner Area" and the intermediate "Fun Area". Now's your chance to try it!



Skill-up Zone (Shirakaba Run)

For those bored of the flat runs, the series of waves and banks on this course will allow you to practice your balance and technique while getting the best out of your gear.



Mogul Practice Terrain

(along Lift 3's Otaka Run)

After the groomed runs, try these for a challenge! If you've never done moguls, this is where you should start.



Long Courses

Yamabato Run 5.5 km

Even beginners can get on the gondola, get off at the summit, and try this long run. Popular with kids and families. If you get tired half way, don't worry, stop off at "Nishi Mori House" (free rest house) and rest up before you keep going.



Sailer Long Run 4 km

The second longest of the courses at APPI. The steep upper half makes this a high level run. If you do this run non stop you'll definietly be feeling it at the end.



Hayabusa Run Otaka Run 3 km Many others are out there.

Try Spring Skiing!

APPI operates throughout the long winter season so excellent skiing can also be enjoyed from the end ofMarch.

Take off a layer of clothing, enjoy skiing or snowboarding in the warm sun, and discover the delight of the less crowded months of the season.

